



UZ

LEUVEN

GYNAECOLOGIE EN VERLOSKUNDE
Leuven's universitair fertiliteitscentrum

www.uzleuven.be/lufc › tel. +32 16 34 36 24

INFORMATION ON ANONYMOUS EGG DONATION

Dear Madam

This information is intended to explain the procedure of anonymous egg donation, so that you can consent in full knowledge of the facts. Your treating doctor of the Leuven university fertility centre (LUFC) is prepared to answer all your questions regarding egg donation.

Egg donation procedure

Egg donation is completely voluntary. You are eligible to be an anonymous egg donor if you are at least 21 and not older than 35 years of age.

Women working under the direction, authority and supervision of a staff member of the LUFC or of a related department, such as Obstetrics-Gynaecology, Endocrinology, Psychiatry or Centre for Human Genetics at UZ Leuven or students at the KU Leuven are not eligible as donors, in order to ensure that all donations are made on a completely voluntary basis.

Women who have received treatment for fertility problems at LUFC in the past, will only be eligible as egg donors if they have at least one child and after the treatment phase of the couple concerned has been completed – in other words, when no active fertility treatment is ongoing or planned. Prior to egg donation, an extensive medical examination (physical examination, blood test) will be carried out in order to investigate the donor's state of health. Particular attention will be paid to the possible presence of hereditary or infectious diseases that may be transmitted via donation. The donor therefore has an obligation to report all known hereditary diseases within her family. During these examinations, the donor will consult a gynaecologist and a geneticist (a specialist in human heredity). In addition, the donor will consult a fertility psychologist twice to discuss the psychological aspects of egg donation. In the absence of any infectious and hereditary diseases and/or psychological problems, the donor can be accepted for anonymous egg donation once she has signed the enclosed agreement.

Egg donation is done anonymously by a voluntary egg donor who is willing to undergo the preliminary examinations, hormonal treatment and egg aspiration. The eggs obtained are fertilised with sperm cells. These eggs therefore cannot be reclaimed or put to personal use.

Purpose of egg donation

The purpose of anonymous egg donation is to use the donated eggs to make a pregnancy possible for a couple with fertility problems or for single women with a child wish.

Risks of egg donation

Risks associated with hormonal stimulation of the ovaries:

The risk of moderate ovarian hyperstimulation syndrome is less than 6% and the risk of severe ovarian hyperstimulation syndrome is less than 2%. Individualized precautions will be taken to restrict these risks to a minimum.

Risks associated with puncturing the follicles in the ovaries:

A very small amount of blood always ends up in the abdominal cavity from each follicle that is punctured. This also occurs during natural ovulation. This minor bleeding will most of the time be self-limiting. Also the vaginal wall, where the needle has passed through, may bleed a little afterwards. However, the risk of intra-abdominal bleeding is very low (<0.35%). An infection caused by the puncture is rather exceptional (risk <0.3%). If any fever occurs during the days after the puncture, please inform the midwife or doctor immediately.

Finally, there is always a slight risk of a hypersensitivity reaction to medication used to stimulate the ovaries or to general or local anaesthetic during egg aspiration.



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During the hormonal stimulation up until the egg aspiration, the donor will be asked to visit the hospital regularly for blood tests and ultrasound scans in order to monitor the treatment. This may involve absence from work and may have possible financial consequences.

On beforehand, the donor must think thoroughly about the possible psychological impact of donation for herself, and if appropriate for her relationship with her partner, and her current or future children. The donor is aware that the genetic material will be relinquished permanently and that genetic children may be born who will remain unknown to the donor and with whom there will not be any familial relationship. The motives for becoming a donor, the anonymity and the possible social pressure felt by the donor should be carefully considered.

Financial aspects of egg donation

The costs of the preliminary tests, the hormonal treatment and egg aspiration, required for anonymous egg donation will be charged to the egg donor. To cover these expenses, the egg donor will receive a fixed fee of 1.000 euros after the egg aspiration.

Consequences of egg donation

The donor can end the donation procedure by notifying the LUFC. The LUFC may also decide to end the procedure if the doctors of the LUFC decide that there is valid reason to do so.

In principle, the eggs will be relinquished unconditionally and irrevocably as soon as they are obtained. This means that the egg donor relinquishes all her rights to the donated eggs and that the egg donor cannot claim any children produced with her eggs.

The anonymity of both the donor and the receptor of the eggs will be strictly guaranteed. The egg donor therefore declares not to trace the identity of the receptor. Likewise, the receptor will not receive any information on the egg donor.

If the eggs provided will no longer be usable for donation, the donor should indicate what should happen to them (relinquish for scientific research or destruction of the surplus eggs).


For each donor, egg donation is restricted by law: one or more children may be born to a maximum of six different couples with eggs from the same donor. This restriction is necessary as an unlimited number of births may increase the risk of consanguinity (being related by blood with a potential partner) in the future.

This document 'Information on anonymous egg donation' is intended for you. If you agree to this treatment, you should complete and sign the attached 'Agreement on anonymous egg donation' and return it to LUFC, 'contractenadministratie', UZ Leuven, Herestraat 49, 3000 Leuven, or to contractenLUFC@uzleuven.be.



AGREEMENT ON ANONYMOUS EGG DONATION


Between Leuven university fertility centre,
UZ Leuven,
represented by
prof. dr. Karen Peeraer,

 and Ms
born on/...../.....
resident at
.....
account number.....

hereinafter 'the LUFUC', on the one hand, hereinafter 'the egg donor', on the other hand,

the following has been agreed:


- The egg donor declares that she has been properly informed by the LUFUC about the egg donation procedure and that she has received, read and understood the document 'Information on anonymous egg donation'. She declares that she has received sufficient information to give her consent to the LUFUC to proceed with egg donation and is presenting herself entirely voluntarily for egg donation. She is aware of the medical risks of egg donation.
- The egg donor agrees to undergo all examinations and provide all medical information necessary to enable the LUFUC to check whether the donated eggs are usable for donation. The egg donor will avoid any risk of sexually transmitted diseases. She promises to inform the LUFUC of any change in her state of health, especially with regard to the occurrence of sexually transmitted diseases. She also promises to communicate to the LUFUC any new information obtained about her genetic condition that is unknown to her at present, even if it has no direct effect on her state of health.
- The egg donor confirms that to the best of her knowledge, the information provided is truthful.
- In principle, the eggs will be relinquished unconditionally and irrevocably as soon as they are obtained. This means that the egg donor relinquishes all her rights to the donated egg(s) and that the egg donor cannot claim to the child or children born after egg donation. The egg donor is aware that both her own anonymity and that of the receptor will be strictly guaranteed. The egg donor declares not to trace the identity of the receptor and is aware that the receptor will not receive any information on the egg donor.
- The egg donor knows that she may end the donation procedure at any time by notifying the LUFUC and that a request may also be made by the LUFUC to discontinue participation if the doctors of the LUFUC decide that there is valid reason to do so. If the eggs provided will no longer be usable for donation, the egg donor wishes to (indicate your decision by ticking):
 - relinquish them for scientific research. *
 - have them destroyed.

* If the eggs will not be suitable for scientific research or an abundant number of eggs will be available, these eggs will not be used for scientific research purposes and may be discarded.
- If, as a result of egg donation, children will be born with inherited abnormalities, the doctor  will / will not (delete as appropriate) inform the egg donor in her own interests.
- The egg donor agrees to keep the LUFUC informed at all times of her current and future address in order to ensure that communication during the first ten years after egg donation following signing the contract remains possible.



AGREEMENT ON ANONYMOUS EGG DONATION

- The egg donor is aware that by law a limited number of children may be born from her eggs, and that afterwards she will no longer be able to participate in egg donation at the LUFC or other centres.
- The procedure for anonymous egg donation has been approved at a multidisciplinary staff.

Drawn up in duplicate in Leuven on /...../....., one copy being intended for the LUFC and the other for the egg donor.

Egg donor's name

.....

.....

born on..... / /

prof. dr. Karen Peeraer

Please complete and sign this agreement and return it to Leuvens universitair fertiliteitscentrum, 'contractenadministratie', UZ Leuven, Herestraat 49, 3000 Leuven or contractenLUFC@uzleuven.be.



read and approved
egg donor's signature